



**DANCE
VICTORIA**
THE WORLD'S BEST DANCE

111-2750 Quadra Street,
Victoria BC Canada V8T 4E8

DanceVictoria.com

Media Contact: Tracy Smith
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250-595-1829

FOR IMMEDIATE RELEASE

October 24, 2018

Direct from Norway!

**Dance Victoria presents *MAN* by Norwegian Choreographer Sølvi Edvardsen
January 25, 7:30 pm at the McPherson Playhouse**

**Plus Dance Days 2019: *It'll Move You*
Free Dance Classes, January 18 through January 27, 2019
Rough Cuts at the Metro Studio Theatre, January 25 + 26, 2019**

Victoria, BC: The annual Dance Days is back in January 2019 when studios all over town throw open their doors and offer free dance classes in all kinds of styles. From ballet to ballroom, belly dance to break dance, there is something for everyone. **Look for a complete online calendar of classes at DanceVictoria.com beginning in early January 2019.**

SPECIAL PRESENTATION DURING DANCE DAYS

MAN – Direct from Norway!

January 25, 2019 • 7:30 pm

McPherson Playhouse

Tickets: \$40 & \$46 | Call 250-386-6121 or DanceVictoria.com

Dance Victoria presents *MAN* by Norwegian choreographer **Sølvi Edvardsen** with award-winning South Asian dancer **Sudesh Adhana**. Dance Victoria Executive Producer Stephen White saw *MAN* in Copenhagen during the ICE HOT Dance Festival in 2016. He was so impressed with Adhana's interpretive skills that he offered to bring the performance to Canada. Dance Victoria has organized a cross-Canada tour of *MAN* to Halifax, St. Catharines, Salt Spring Island, Nanaimo, Vancouver and Victoria.

In *MAN*, Adhana uses only a small sitting stool as his partner to embody the struggles of a bicultural identity, while considering *who is he? Where does he come from?* At the heart of the work is Edvardsen's exploration of how we put limits on ourselves based on our life experiences.

Dance Days activities for *MAN* include:

On Salt Spring Island

***The Making of MAN* Lecture & Demonstration**

January 17, 2019 5:00-7:00 PM at Lions Club Hall, 103 Bonnet Ave.



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FREE | Open to the public

Lecture, discussion and short demonstration with Sølvi Edvardsen and Sudesh Adhana.
Reception to follow. RSVP to man@dancevictoria.com with "Lions Club" in the subject line.

Performance of MAN

January 18, 2019 7:30 PM

ArtSpring, Salt Spring Island Tickets: <https://tickets.artspring.ca> or 250-537-2101

Dance Workshop with Sudesh Adhana

January 20, 2019 2:00-3:30 PM

Antler Ridge Dance Studio | \$5 drop-in fee

90-minute contemporary dance class. Participants should have some dance training. RSVP to man@dancevictoria.com with "SS Community Class" in the subject line.

Sudesh Adhana will also lead a workshop at Gulf Island Secondary School closed to the public on January 21.

In Victoria

Advanced Contemporary Class with Sudesh Adhana

January 22, 2019 11:00 – 12:30 PM

Dance Victoria Studios | FREE | Open to the public

90-minute contemporary dance class. Participants should have pre-professional/professional dance training. RSVP to man@dancevictoria.com with "Sudesh Class" in the subject line.

***The Making of MAN* Lecture & Demonstration**

January 23, 2019 5:00-7:00 PM

Norway House, 1110 Hillside Ave. | FREE | Open to the public

Lecture, discussion and short demonstration with Sølvi Edvardsen and Sudesh Adhana.
Reception to follow. RSVP to man@dancevictoria.com with "Norway House" in the subject line.

Performance of MAN

January 25, 2019 7:30 PM - McPherson Playhouse | Tickets: 250-386-6121 or

DanceVictoria.com

MAN are available through our secure media gallery at <https://dancevictoria.com/media/>
Password: media-dance-victoria

During Dance Days, you can also experience *Rough Cuts*, a curated selection of new works by exciting west coast artists, on January 25 and 26 at the Metro Studio Theatre and



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choreography walks through downtown Victoria. Visit DanceVictoria.com in early January for complete details.

About Dance Victoria

Dance Victoria brings the World's Best Dance to the Royal Theatre and supports the development of new dance for the international stage from its studios in Quadra Village.

Dance Victoria is a non-profit charitable society. DanceVictoria.com