



**DANCE
VICTORIA**
THE WORLD'S BEST DANCE

111 – 2750 Quadra Street
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FOR IMMEDIATE RELEASE

January 3, 2024

Dance Days - It'll Move You

January 26 - February 4, 2024

VICTORIA, B.C. - Each winter, Dance Victoria produces [Dance Days](#), a 10-day celebration of dance with **free** classes, workshops, and performances at local dance studios and other venues. As a longstanding community collaboration for the past 14 years, Dance Days engages the public in diverse and accessible dance forms, and promotes dance appreciation, joyful movement, and connection. Dance Days launches with a free presentation of *Borrowed Time*, an intergenerational dance-based project created by [Lesley Telford](#) of Inverso Productions. Taking place at Dance Victoria Studios on Saturday, January 27 at 7:30 pm, this special presentation brings together professional and local older adult dancers to explore strength and vulnerability through different phases in our lives. On February 2 + 3, Dance Days concludes on a high note with [Compagnie Hervé KOUBI](#)'s presentation of *The Barbarian Nights* at the Royal Theatre, a must-see performance that will astonish audiences.

Here's how Dance Days will move you this year:

Ten days of FREE dance classes

All over town, participating studios are offering an array of free dance classes in various styles open to all adults. This is your chance to try new ways of moving your body from modern dance, to flamenco, to heels, hip hop, ballroom, ballet, and more! There is so much to choose from, and something for everyone. Bring a friend, enjoy this free offering, and start 2024 with a pep in your step. Local studios will continue to submit their fabulous classes until January 12. **The Dance Days 2024 online calendar is live [here](#)!**

***Borrowed Time* by Inverso Productions**

January 27, 7:30 pm

Dance Victoria Studios, 2750 Quadra Street

Free admission with a suggested donation of \$10.

Borrowed Time is an intergenerational project bringing together professional and amateur dancers to explore strength and vulnerability through different phases in our lives. Choreographed by DV Artist-in-Residence [Lesley Telford](#) from Inverso Productions, the project is a beautiful exchange between generations with many shared conversations about family dynamics and life stories. Marisa Gold, Dance Artist in *Borrowed Time*, shares, "I've had the tender opportunity to witness a beautifully transformative process; from breakthroughs in connection, to intergenerational reflections between us and the elder performers, to the creation of powerful healing imagery. We explored ideas of strength and support in a variety of ways, which brought up important questions about our collective human ancestry and energy passed on through generations."

RSVP now to attend *Borrowed Time* at Dance Victoria Studios.

[Compagnie Hervé KOUBI in *The Barbarian Nights \(or The First Dawns of the World\)*](#)

February 2 + 3

Royal Theatre

Dance Days' grand finale, [Compagnie Hervé KOUBI](#), will not only move you, it will leave you completely awestruck! All the way from France, Algeria, Burkina Faso, and Morocco, this cast of powerful street dancers will astonish the audience with its visually stunning, ritualistic performances that explode with athleticism, verve, and irresistible, raw force. This presentation is part of Dance Victoria's [2023/24 Dance at the Royal Series](#) and tickets must be purchased. Learn about our [Pay Your Age](#) and [Night Moves](#) programs for discounted tickets.

How To Buy Tickets

Phone: The Royal and McPherson Box Office at **250-386-6121** or toll-free at **1-888-717-6121**.

In-Person: The Royal Theatre is open Monday to Friday 10 am to 5 pm for in-person transactions.

Online: DanceVictoria.com

Visit the [Royal and McPherson Theatres website](#) for current Box Office details.

About Dance Victoria

Dance Victoria brings the *World's Best Dance* to the Royal Theatre and supports the development of new dance for the international stage from its studios in Quadra Village. As a non-profit charitable society, Dance Victoria operates with the mission to promote the appreciation of dance by developing and presenting diverse local, Canadian, and international artists, and by engaging the community in the celebration of dance. DanceVictoria.com

Media Materials

High-resolution images with photo credits are available upon request. Please contact anne-sophie@dancevictoria.com if you would like media materials.

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